



 Professional nap enthusiast, snack seeker, and part-time parkour athlete.

Vava specializes in discovering the softest places to lie down, protecting every paper bag in the house, and turning ordinary plastic bags into exciting playgrounds.

BY THE NUMBERS

7

Years of Experience

10,000+

Naps Completed

56

Toys Inspected

0

Mice Caught

 ABOUT ME

Vava is a domestic shorthair cat born on July 27, 2019, in Ohio. She joined the family in 2020 and later led the household's move to California in 2022.

Energetic and athletic, Vava has a strong passion for indoor parkour. She is also a warm and welcoming host who enjoys demonstrating her ball-playing skills to every visitor.

Her professional responsibilities include monitoring activity outside the windows, helping Dad stay active through regular chasing and play-fighting sessions, and providing emotional support to Mom through cuddles and companionship.

With her lively personality, dedicated service, and constant presence, Vava has become an irreplaceable member of the family.



Professional Experience

02

Paper Bag Guardian

Household Packaging Department | 2020-Present

- Inspects all newly delivered paper bags.
- Protects bags from unauthorized removal or disposal.
- Tests structural stability through sitting, hiding, and surprise attacks.
- Provides immediate occupancy whenever an empty bag becomes available.

Window Monitoring Specialist

Home Security Division | 2020-Present

- Monitors birds, squirrels, neighbors, and other outdoor activity.
- Maintains regular observation shifts from multiple windows.
- Investigates unusual sounds while remaining safely indoors.

Family Fitness Coordinator

Dad's Exercise Program | 2020-Present

- Organizes regular chasing and play-fighting sessions.
- Encourages quick movement, flexibility, and reaction training.
- Uses surprise attacks to ensure Dad remains alert.
- Ends each session independently when sufficient exercise has been completed.

Chief Nap Officer

Family Residence | 2020-Present

- Conducts extensive daily research on sleep quality and comfort.
- Evaluates beds, blankets, sofas, and other soft surfaces.
- Maintains a flexible but highly demanding nap schedule.
- Occupies newly prepared sleeping areas before other family members can use them.

SKILLS

Indoor Parkour

High-Speed Sprinting

Ball Playing

Snack Negotiation

Soft-Surface Identification

Guest Entertainment

Sudden Direction Changes

Early-Morning Wake-Up Services

Selective Listening



Publications & Honors

03

01

The Effect of Empty Food Bowls on Human Response Time

A long-term observational study examining how quickly humans react to repeated meowing, staring, and strategic positioning near an empty food bowl.

02

Optimal Sunlight Positioning During Afternoon Naps

An experimental study evaluating the relationship between sunlight angle, surface softness, body position, and overall nap satisfaction.

03

Identifying the Optimal Route for High-Speed Indoor Sprinting

A detailed analysis of efficient sprinting routes between the bedroom, hallway, living room, and kitchen, considering cornering speed, furniture placement, floor traction, and opportunities for surprise attacks.

04

Why Humans Should Share Their Shrimp

A persuasive investigation into the ethical, nutritional, and emotional reasons humans should immediately share all available shrimp with their cats.

HONORS & AWARDS

01

Most Photogenic Family Member

02

Most Creative Sleeping Position

03

Most Effective Use of Silent Judgment

04

Most Successful Attention-Seeking Campaign

05

Outstanding Contribution to Hair on Clothing

06

Lifetime Achievement in Doing Nothing



If you ask about my title... Mom says I'm the best cat in the world.

- Vava